

## FIFTH GRADE: Called to Protect™ for Young Children: Healthy Privacy

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### **Child Development:**

Fifth graders continue to spread their wings as their rate of overall development accelerates. This is an age when fitting in with the peer group is paramount. In addition, it is a time when children may begin to experiment with risky behaviors to gain the respect of their peers or to follow the leader of the peer group. Fifth graders remain affectionate with parents, but they clearly have a life, with its stresses and successes, beyond the family.

### **Lesson Overview:**

The focus of this program for fifth graders is behavioral boundary skills. The corresponding lessons are designed to teach how to have healthy privacy and build safe boundaries—what can and should be kept private, and what cannot. The lessons continue to develop the fact that children must tell adults some things that might be private or “secret,” but are really just other types of bad secrets. In addition, the lessons caution fifth graders about giving out too much private information to people on the Internet.

### **Objectives for Fifth Grade Students:**

Students will:

1. Learn what can and should be kept private and what needs to be shared with a safe adult.
2. Learn the rules for safe behavior when communicating on the Internet.
3. Learn how to recognize and respond when someone wants too much private information.

## FIFTH GRADE: Lesson Plan A

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### **Learning Objective 1:**

Learn what can and should be kept private and what needs to be shared with a safe adult.

Estimated Lesson Time: 30–45 minutes

### **Materials needed:**

Privacy Activity Page One

Privacy Activity Page Two

### **Activity:**

Teacher:

"You aren't little kids any more. You are growing up fast. You do a lot of things with your family, but you do a lot of things without them now, too. You have parts of your life that you keep to yourself, things you don't tell anyone or things you only tell a best friend. I'm talking about privacy."

"Can anyone think of a good way to define privacy?"  
[Teacher hands out the Privacy Activity Page One.]

# FIFTH GRADE: Lesson Plan A

## Privacy Activity Page One [Teacher's Copy]

Teacher:

"Look at this circle. See how it shows a boundary around a person. People keep private matters within their personal boundaries, but they share other information, even personal information, to others.

Write some things that you can keep totally private inside the circle. Write things you should not keep private outside the circle. No one is going to read this sheet, so you can write whatever you feel comfortable with."

Teacher can give them some suggestions such as:

- ▶ Journal/diary
- ▶ Illness or injury
- ▶ Good times with friends
- ▶ Bad secrets
- ▶ Interactions online
- ▶ Good secrets
- ▶ Your body
- ▶ Text messages
- ▶ Your Facebook page
- ▶ Your grades
- ▶ Etc.

Instructions: Write examples of things you can keep inside yourself, private things, things you need to tell, things you need help with, and bad secrets you cannot keep private.

Private Things

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_

Things to Tell

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\_\_\_\_\_

\_\_\_\_\_

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## FIFTH GRADE: Lesson Plan A

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Name: \_\_\_\_\_

### Privacy Activity Page One

Write examples of things you can keep inside yourself, private things, things you need to tell, things you need help with, and bad secrets you cannot keep private.

Private Things

\_\_\_\_\_

\_\_\_\_\_

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Things to Tell

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\_\_\_\_\_

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## FIFTH GRADE: Lesson Plan A

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### Privacy Activity Page Two [Teacher's Copy]

[Teacher hands out the Privacy Activity Page Two.]

Teacher leads the following discussion with the whole class or divides the class into small groups to allow the students some time to discuss before sharing with the rest of the class. Students should be encouraged to share only what they are comfortable sharing.

When do you need help with private matters?

When the problem is...

1. Physical:           Pain  
                          Body Changes  
                          Illness  
                          Curiosity (you need more info)

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_

2. Emotional:       Sad and you don't know what to do about it  
                          Embarrassed and you don't know what to do  
                          Scared and you don't know what to do  
                          Mad and you don't know what to do  
                          Pressured and you don't know what to do

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_

3. Behavioral:       You are being asked to break the rules  
                          You want to break rules but know it's a bad idea  
                          You have been asked by someone else or you are doing something  
                          that makes you feel bad.  
                          Your intuition is saying, "You'll get hurt if you do this."

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_





## FIFTH GRADE: Lesson Plan A

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Name: \_\_\_\_\_

### Privacy Activity Page Two

When do you need help with private matters?

When the problem is ...

1. Physical: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_

2. Emotional: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_

3. Behavioral: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Who will you tell? \_\_\_\_\_

What will you say? \_\_\_\_\_



## FIFTH GRADE: Lesson Plan A

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### **Student Assessment/Reflection:**

Teachers can ask students to give examples of physical, emotional, and behavioral problems that can stay private.

### **Closing Prayer:**

Teacher:

"Let's end our lesson with the Word of God and a word of prayer."

"Jesus said to his friends, "When you pray, don't be like those show-offs who love to stand up and pray in the meeting places and on the street corners. They do this just to look good. I can assure you that they already have their reward. When you pray, don't talk on and on as people do who don't know God. They think God likes to hear long prayers. Don't be like them. Your Father knows what you need before you ask." [Matthew 6:5, 7-8]

"Let us pray" (*pause for silence*).

"O God, you reward those who trust in you and you know our needs even before we ask. Hear us as we pray and live in your presence so that you may always know us and you love us. We ask this through Christ our Lord. Amen!"